

Safeguarding in Primary Care Covid19 Bulletin 1

The health and welfare of our most vulnerable children, families and adults continues to be a key priority for us all. We all recognise that enforced isolation goes along with some particular increased risks in terms of issues such as domestic abuse, caring for children or adults with care and support needs, managing family budgets and meals, and accessing support.

As far as possible, safeguarding business should continue as usual, including making safeguarding referrals/alerts as necessary. However, it is anticipated that response services will come under significant pressure

The Safeguarding Team from North Yorkshire and York CCGs want to further support primary care colleagues in these challenging times and to that end, we are proposing to extend the offer of telephone advice and support.

All safeguarding adult and children team members will be available as usual during working hours. Additionally, the following staff are able to provide extended access to safeguarding advice and support from **08.00 – 18.30 Monday to Friday:**

| Team Member | Safeguarding Area | Contact number |
|-------------------|------------------------------------|---------------------|
| Janette Griffiths | Primary Care (Adults and Children) | 07909 686821 |
| Karen Hedgley | Safeguarding Children | 07946 337290 |
| Elaine Wyllie | Safeguarding Children | 07917 800793 |
| Christine Pearson | Safeguarding Adults | 07872 694747 |

We anticipate that further information will be cascaded down from the NHS Covid19 Safeguarding Group and will disseminate that once it is available.

In the interim, below are a list of possible sources of online help and support in addition to our local ones:

- Hints and tips from Liverpool CAMHS <https://wakelet.com/wake/564d7bc8-4bc9-462f-a9e1-2deb03150c3f>
- National Autistic Society – guidance and helpline for parents', young people and staff: [https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-\(covid-19\)-advice.aspx](https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-(covid-19)-advice.aspx)
- Mencap - Easy Read guide to Coronavirus: <https://www.mencap.org.uk/sites/default/files/2020-03/Information%20about%20Coronavirus%20ER%20SS2.pdf>
- Place2Be – Guide to helping parents answer questions from their children and to support family wellbeing: <https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/>

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- Young Minds - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing: <https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/>
- Carers UK - Guidance for carers: <https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19>
- Covibook – an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing during the pandemic: <https://www.mindheart.co/descargables>
- Amaze - information pack for parents <https://amazesussex.org.uk/faqs-about-the-coronavirus-for-parent-carers-of-children-with-send-brighton-hove/>
- [Public Health England](#) have produced an easy read version of their [Advice on the coronavirus for places of education](#). You can download it [here](#)

Thank you all for your continued commitment to safeguarding.

Safeguarding Team

North Yorkshire and York CCGs