Transforming mental health services
Hambleton and Richmondshire

What do you think?
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Improving mental health services

We want to improve mental health services for adults and older people in Hambleton and Richmondshire.

We have been talking about our plans with service users, carers, staff and other organisations.

Most people say that they want to be treated at home or as near to home as possible.

But some people need to be treated in hospital.
We have listened to what people have said and now have 3 options.

We want to know what you think.

Please read through this document and fill in the questions that start on page 13.

We will take your views into account when we make the final decision.
Fit 4 the future

We have been talking and listening to people about how we should change in the future. We called this **Fit 4 the future**.

We want to support people to live good lives in their community.

We want to do this by:

- Providing more services in the community closer to patients’ homes

- Making sure patients get the treatment and support they need when they need it, any time day or night
- Helping people get treatment in hospital when they need it
- Providing good treatment in the best place
- Working closely with GPs who will also be providing health services locally
- Making sure our buildings are good places for patients
Current services

Currently we have:

2 mental health wards at Friarage Hospital:

- A 12 bed mixed sex ward for working age adults

- A 10 bed mixed sex ward for older people

- Community teams and the memory service work 5 days a week

- A 7 days a week crisis service
Why do we need to change?

Too many people are going into hospital at the Friarage hospital for treatment.

Too many people are staying in the Friarage hospital longer than they need to.

The Friarage hospital building is not suitable for providing good care.

Men and women are cared for on the same ward. Some patients do not feel safe.

Because our community teams only work 5 days a week, we are not able to care for some people at home.

If there was support in the community 7 days a week more people could stay at home.

The crisis service does not work with people with dementia.
From our talks with patients, carers, professionals and other organisations we have come up with 3 options.

**Option 1: Do nothing**

- Keep the wards at Friarage Hospital
- Keep the Community services on 5 days a week
- The Crisis service is not available to everyone

**Advantages**
- Distance to travel would stay the same
Disadvantages

• Having men and women on the same ward is not good

• We would not have the money to improve the community services

• Too many people would carry on going into hospital

Options 2 and 3.

For Options 2 and 3:

• People would go to a modern mental health hospital with separate wards and individual rooms for men and women

• People with severe cases of dementia who needed to go into hospital would go to Auckland Park Hospital in Bishop Auckland as they do now

• Close the 2 mental health wards at Friarage Hospital.
More people would get support and treatment at home, and not need to go to hospital because:

- Community health services would be available 7 days a week
- Talking therapy services would be available 6 days a week

We would have a new building for our mental health community teams where patients could also be seen.

People who need assessment under the Mental Health Act and based in a place of safety would go to Harrogate.

The disadvantage would be that people who live near Northallerton will have to travel further if they need hospital treatment.
**Option 2: The nearest available bed**

We think that this is the best option.

People with mental health illnesses (but not dementia) who needed to go into hospital would go to the **nearest available bed**.

This would be at a modern mental health unit either at Roseberry Park in Middlesbrough or West Park Hospital in Darlington.

**Option 3:**

All people with mental health illnesses (but not dementia) from Hambleton and Richmondshire who needed to go into hospital would go to **one of**:

- Roseberry Park in Middlesbrough
- or West Park Hospital in Darlington.
What do you think?

**Question 1a:** What is your favourite option?

☐ Option 1
☐ Option 2
☐ Option 3

**Question 1b:** What is your second favourite option?

☐ Option 1
☐ Option 2
☐ Option 3

**Question 1c:** What is your least favourite option?

☐ Option 1
☐ Option 2
☐ Option 3

**Question 2:** Why do you say this?
**Question 3:** Do you think your favourite option will mean better services?

- [ ] Yes
- [ ] No
- [ ] Don’t know

**Question 4:** Do you think that your favourite option would help most people get care closer to home?

- [ ] Yes
- [ ] No
- [ ] Don’t know

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**About you**

Please answer these questions about you. We need this information to make sure we are getting the views of all the different communities in Richmondshire and Hambleton.

**Where do you live?**

- [ ] Hambleton
- [ ] Whitby area
- [ ] Richmondshire
- [ ] Other - please say
Would you like to be kept up to date with information about the NHS?

☐ Yes - please tell us your name and address

☐ No

Name:

Email:

Postal Address:

Are you a... (please tick all that apply)

☐ A service user?

☐ A carer?

☐ A local resident?

☐ A health or social care professional?

☐ Other?

☐ I prefer not to say
Are you…

☐ Female? ☐ Male?
☐ Transgender? ☐ I prefer not to say

How old are you?

☐ Under 16 ☐ 16-25
☐ 26-40 ☐ 41-65
☐ 66-75 ☐ over 75
☐ I prefer not to say

What is your ethnic background?

☐ White British
☐ White Irish
☐ Mixed white and black Caribbean
☐ Any other white background
☐ Asian British
Are you disabled?

☐ Yes
☐ No
☐ I prefer not to say
Thank you

Thank you for answering these questions.

Your views will be taken into account when we make the final decisions.

Please now send back your answers by post to:

Freepost Plus
RTER-KESE-BGCH
Hambleton, Richmondshire and Whitby Clinical Commissioning Group,
Civic Centre
Stone Cross
Northallerton DL6 2UU

Come and tell us what you think

We are holding some events for people to come and tell us what they think about these plans.

You can find out about these on our website or by telephoning us on
01609 767600
For more information

If you need more information please contact us on:

Phone: 01609 767600

Email: hrwccg.feedback@nhs.net

Web: www.hambletonrichmondshireandwhitbyccg.nhs.uk/transforming-mental-health-services