

News from the Friarage

and other local health and social care services

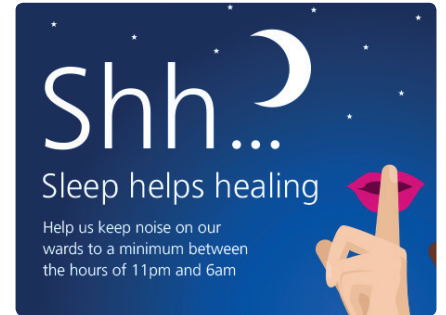


£10million Cancer Centre opens its doors

THE Friarage Hospital's new £10million cancer centre treated its first patients this month.

The Sir Robert Ogden Macmillan Centre features a spacious chemotherapy lounge, relaxing garden area and a Macmillan information centre as well as complementary therapy, consultation and treatment rooms.

Nicky Hand, lead cancer nurse at the Trust said: "It's amazing because we can now treat more patients closer to home in this beautiful environment."



Sleep helps healing

THE Friarage wards are supporting a new campaign to help reduce noise levels at night.

The Sleep Helps Healing campaign urges both staff and patients to dim the lights and keep noise to a minimum between the hours of 11pm and 6am. Guidance for staff and patients is now displayed on each ward covering everything from switching mobile phones to silent and being mindful of speaking volume to ensuring bins are closed quietly.

Building a sustainable future update

AS is statutorily required, the local Clinical Commissioning Group (CCG) has been reviewing the Trust's clinical proposals for the future of the Friarage since late September this year. As part of a comprehensive assurance process, the CCG must ensure the wider healthcare system is considered in any proposals. This is so the CCG can be assured services meet the needs of the local population and that consideration has been given

to things like travel and access to alternative services if needed. This detailed process is still ongoing and must also be considered by NHS England and other bodies.

The CCG will offer the opportunity for local people and other stakeholders to include the voluntary sector, to have a say on initial proposals, early next year.

Patient centred visiting

THE Friarage has extended ward visiting hours to enable family and friends to see patients at any time during the day.

The new patient centred approach welcomes visitors at any time during daytime hours - providing it is what the patient wants and needs.



Transforming mental health services

FOLLOWING a public consultation, the NHS committed to strengthen our community mental health service so that more people receive the support they need in their own home.

Our plans are well underway and we are working closely with service users, local authorities and housing associations to develop individual care and recovery plans, which are helping to reduce the need for inpatient care. Our local crisis service is now providing more care at home. We are also developing our plans for a new community hub.

Part of the new model means inpatient mental health services will transfer from the Friarage (which will close to admissions from 1 January 2019). When someone needs specialist hospital care, these services will be provided from

other hospitals, either West Park in Darlington or Roseberry Park in Middlesbrough. Special inpatient services for people with dementia remain at Auckland Park in Bishop Auckland.

Staff celebrate lung surgery milestone

MORE than 200 patients have undergone lung surgery at the Friarage since the service was launched two years ago with the support of military anaesthetists and The Friends of the Friarage.



The thoracic surgery team at the Friarage

National recognition for heart team

THE cardiac rhythm management service at the Friarage has been named Team of the Year at the Arrhythmia Alliance Excellence in Practice Awards.

The award recognises the service developments that have taken place within cardiac rhythm management at the Friarage over the last five years including the introduction of a rapid access arrhythmia service, remote patient monitoring clinics and a blackout and implantable loop recorder service.

The Friarage cardiac rhythm management team celebrate their Team of the Year Award



This issue is brought to you by: NHS Hambleton, Richmondshire and Whitby Clinical Commissioning Group; South Tees Hospitals NHS Foundation Trust Tees; Esk and Wear Valleys NHS Foundation Trust Email hrwccg.media@nhs.net with newsletter queries or article ideas.

Help us help you

WINTER always brings a rise in road accidents, slips, trips and falls, but the biggest increase we see during this time is the number of people coming through our doors with respiratory problems. Help Us Help You by:

- Checking on elderly neighbours to ensure they are warm and well
- Getting the flu vaccine if you are over 65 or suffering from a long-term condition
- Thinking pharmacy first, ensuring home medicine cabinets are fully stocked and ordering repeat prescriptions in advance
- Calling NHS 111 or visiting 111.nhs.uk when you need immediate health advice but it's less urgent than 999.