

Love talking sport?

We welcome you to our friendly
Sporting Memories Group at

Thirsk Library

Meadowfields, Chapel Street, Thirsk.

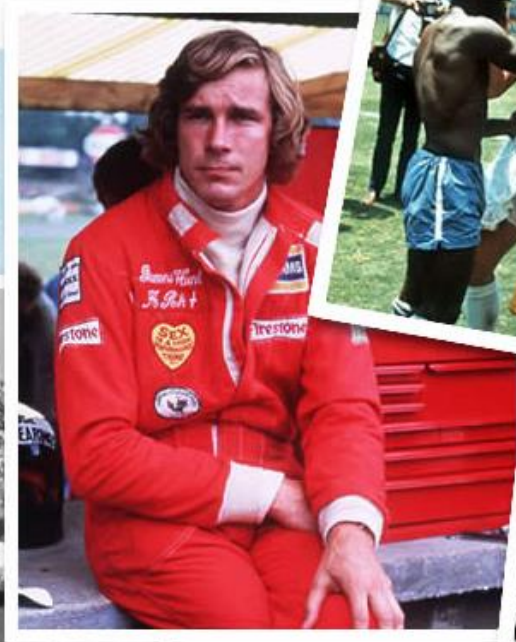
Wednesday 29th June 11:00am- 12noon

Come along, listen and share
sporting memories with other older sports fans.

For more information please contact Matthew Jones on 01609
535016 or email matthew.jones@northyorks.gov.uk



www.sportingmemoriesnetwork.com



A new Sporting Memories Network group is being established in Thirsk to support older people and to help tackle dementia, depression and loneliness. Using the history and heritage of sport, the weekly groups are a fun, friendly place for older sports fans to meet, make new friends, share memories and play some sports. Lasting no more than 90 minutes per session, Sporting Memories supply staff and volunteers with iconic images of sporting legends and sporting events to help trigger conversation and discussion. Volunteers will be provided with full training, knowledge of sporting history isn't required, a passion to help out at a fun group that can really help make a difference is!

